



PARISH NEWS

FEBRUARY & MARCH 2020

MIDDLETON, NORTH RUNCION & EAST WINCH

MIDDLETON CARPET BOWLS CLUB TROPHY WINNERS

Throughout the year the members of Middleton Carpet Bowls Club meet on Tuesday evenings (7-9pm) and Wednesday afternoons (2-4pm) on second and fourth Wednesdays each month. Members play friendly matches with opponents randomly drawn.

Additionally, during November and December the members play knockout matches in singles and pairs - the winners being awarded Herbie Ogden Memorial trophies. Herbie Ogden was a founder member of Middleton Carpet Bowls Club and chairman for several years until his passing in 2012.

The winner of the 2019 Club Singles Knockout was Nigel Gray, pictured below with his trophy.



The winners of the 2019 Club Pairs Knockout were Venita Calaby and Penny Scott, also pictured with their trophy. Well done Girl Power!



New players are always made welcome at Tuesday evening and Wednesday afternoon meetings. Tea, coffee and biscuits are served.

For any information please contact Peter Wall 01553 840471 or Brian Roberts 01553 841360.

VE DAY CELEBRATIONS

A date for your diary. North Runcton Parochial Church Council and Parish Council are at the preliminary stages of planning a service followed by tea party on **Friday 8th May** (which will be a Bank Holiday) to mark the 75th anniversary of VE Day. More details to be confirmed.

WEST WINCH BOWLS CLUB



January and February are traditionally quiet months within the bowls fraternity. It is generally a time when maintenance of the club facilities takes place.

The Green continues to be swept on a daily basis disturbing the worm casts that seem to appear constantly. The growth of the grass is kept under constant review and gets a trim when the Green Keepers think fit.

Our Secretary Kevin and Treasurer Jim seem always to be kept busy during the closed season with the endless paperwork generated from the various leagues and that which is produced within the club which enables it to run legally and efficiently. The hedge to the side and rear of the pavilion has recently been cut. This is another essential task that needs to be undertaken during the closed season.

Please note that the Pre-season general meeting will take place in the pavilion on **Monday 2nd March at 7-45pm**. Everyone is welcome to attend. Plans for the forthcoming season will be discussed at this meeting and the annual subscriptions that are due and can be paid to the treasurer.

PANCAKE DAY FEAST

25TH FEBRUARY, 6PM
AT ST JOHN'S CHURCH, KING'S LYNN

Churches Together in King's Lynn is running **"Nourishing Hope"** - a project to help us all to enjoy eating in ways that help the planet.

Again and again evidence shows that the most effective way to reduce our carbon footprint is to eat a more plant-based diet.

This doesn't mean never eating the animal products we may love – but, with so many delicious plants out there, we can take pleasure in changing the balance of our diets and do our bit to tackle the climate crisis at the same time.

We're launching the project with a **Pancake Day Feast** – asking how many different things can you put in a pancake to make a nourishing main meal without using meat?

Bring pancakes and fillings for everybody to try! Or just turn up and get fed! We need an idea of likely numbers, so please let your local church leader know if you're coming.

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Nar Valley Ornithological Society (NarVOS)



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Sacred Heart Convent School, Swaffham.
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Birding the High Andes of Colombia with Allan Hale

Tuesday 25th February, 7.30pm

Allan Hale always conjures up a fascinating talk for NarVOS, and this one is no exception. It delves into Allan's trip to Colombia, searching for the endemic birds of the Andes, from the river valleys to the mountain tops. There are colourful birds, including an array of hummingbirds, and, quite bizarrely, a Crab-eating Fox half way up a mountain.

Gamekeeping and Conservation with Gerald Gray

Tuesday 31st March, 7.30pm

Retired gamekeeper, Gerald Gray, worked on the same Breckland estate for over 25 years. He won an award for working for a better public understanding of the role of gamekeepers in sustaining a countryside rich in wildlife. Gerald has been particularly involved in the conservation of Stone Curlews and Grey Partridges. Do come along to Gerald's talk.

Visitors most welcome at these meetings. Admission £4 on the night if you are not a NarVOS member. For more information about this meeting or NarVOS call Ian Black on 01760 724092.

NORTH RUNCTON PARISH COUNCIL MINUTES

Copies of the minutes from North Runcton Parish Council meetings are available on the website:

www.northrunctonpc.norfolkparishes.gov.uk.

However, if you would like a paper copy sent in the post then please contact Rachel Curtis – Clerk to North Runcton Parish Council
Tel: 01553 673043.

MIDDLETON CHURCH NEWS



Can you please help?

We are seeking the support of the whole community to restore the church clock which is suffering from wear and tear after many years of service in our parish.

The work is estimated to cost between £1,500 and £2,000. As a very small congregation this amount is beyond our means, as most of us are elderly or not in good health (or both). We will struggle to pay our parish share of £10,500 this year, we very nearly reached it last year.

We hold fund raising activities, for example monthly coffee mornings in church, the Christmas Fair, the garden fete and our regular church collection. We also have occasional donations for which we are very grateful. The clock is for the benefit of the whole parish and many people would miss it if stopped working.

We need to raise money to pay for the necessary work and would welcome donations from the people of our parish. Perhaps someone would hold a special fund raising event which would bring people together and raise money towards the cost? I look forward to hearing from you.

Please can I ask anyone who has placed a Christmas wreath on a grave in the churchyard to remove it by the end of February.

The church's Annual Parochial Church Meeting is on **16th April** at Church Farm at 7pm. We would welcome anyone who is interested in knowing more about our church to come along and meet with us then.

A Happy and Healthy New Year.

Joan Van Dyke

EAST WINCH NEWS



Soup and Snowdrops

On **Saturday, 15th February** at 3, Southview Cottages, Common Rd, West Bilney PE32 1JX.

Come at 12, wearing warm clothes and tough shoes. Wander through our little wood, where there might still be some snowdrops! Warm up with a congenial meal of hot soup and homemade bread afterwards. All for £5 in aid of East Winch church funds. Details from Nell, 840814

We have a defibrillator in East Winch!

The defibrillator is in a box on the outside wall

of the village hall. Many thanks to the RSPCA, the Hall Trustees and the Parish Council for making this possible.

East Winch Church - Change of Sunday service times



Up to now, East Winch has had Sunday services at 10am, 10.30 and 11.15. To simplify things a bit, it has been decided that the 10.30 services, whether at the village hall or the church, should be at 10am. The first Sunday of the month is always 10.00, and as it's a group service it moves between the 4 villages of the group. The 11.15. Holy Communion service on the 3rd Sunday can't change because the rector needs to take an earlier service elsewhere.

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West Norfolk



*According to figures from campaigntoendloneliness.org

2049-33-BW

Middleton Parish Council Chairman's Report

By Mick Porter

The Parish Council (PC) had been made aware by dog walkers and others that the new owner of the field adjacent to the allotments had fenced the field off and therefore it was no longer open to walkers. The PC have discussed this with the owner and initially a footpath was provide around the field but it appears that this has now been blocked at the Sandy Lane end. Discussions are ongoing to resolve this problem but it is not clear who or why the path has been blocked.

A parishioner reported the felling of oak trees on land adjacent to Water Lane, the Forestry Commission were contacted and confirmed that the amount of timber did not need a felling licence.

The PC were contacted regarding tractors and trailers going through the village and asked if they were subject to the 7.5 tonne limit. This matter had previously been discussed with the Police who confirmed that agricultural equipment is exempt from this restriction.

In my previous report I referred to the trees being planted in the play area. The PC would like to thank Councillors Ward, Wiles Van Dyke, parishioners Duane Wye and Angela Canning who donated the trees and stakes.

The PC were made aware that the coach that ran on Tuesday mornings has stopped running from 24 December 2019. The reason being that the coaches used as Public Service Vehicles must comply with the new law which requires them to have disability access. The relevant coach owner cannot comply with this law and is unwilling to purchase coaches that have this facility. It is hoped that this service will be re-instated in the future with another coach operator.

The PC welcomed Mr Andy Wallace of Norfolk County Council Highways department to its January meeting to discuss various highway issues. The main topic was the junction of Station Road and the A47. This was discussed at great length but it seems although it is

recognized that something needs doing to improve the junction it all comes down to finance at the end of the day. Another matter brought up was the large puddle in the road in front of the new bus shelter, Andy agreed to have this looked at.

The PC agreed to go ahead with the refurbishment of the telephone box at Blackborough End, once this is done the PC will decide what it should be used for.

The PC also discussed having a community clean up of the play field, notification of this will be in the next Parish News.

SHARE THE STORIES OF THE BIBLE WITH CHILDREN



For over ten years Christians in this area have been forming volunteer Open the Book teams and visiting local primary schools.

The aim of Open the Book is to enable every child to hear the story of the Bible at school in their primary years.

Open the Book is story-telling that fits into a ten minute assembly. It is liked by schools, as the stories are carefully scripted so the schools know exactly what they will be getting, by the children, who enjoy taking part and by the volunteer story tellers, who have great fun preparing together.

More schools, including West Winch, want to receive Open the Book story tellers. A few more people are needed to make this possible for West Winch. How often a team might go in would depend on the membership of the team. Might you be able to help?

If you are curious to find out more, please contact me on 01553 764098.

Heather Berry



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East Winch Parish Council Meeting, 2nd January 2020

By Nell Steele

Much of the meeting was taken up by discussing the precept, especially as the Council has no concrete plans at present for using the money. However, future probabilities include assisting with funding for the playground and the repair of the church wall.

A councillor brought up the possibility that a playing field for young people might be needed. While more investigation is needed as to how much it would be used and where it would be, that is another possible future expense. Besides, spending this year was equal to income. Therefore, the council voted to maintain the precept as it is.

David Wright has made an enquiry about commoners' rights. These are historical, varying from household to household (e.g. some households might have the right to graze a goat, while others might be able to graze 2 cows), but all have the right to collect kindling. The rights attach to properties, not their owners, and are still current for old properties. David has the addresses.

Parish Councillors URGENTLY needed!

Are you interested in what's going on in West Bilney and East Winch? Do you think we could do things better? Have you got any brilliant ideas? **The Parish Council needs YOU!** Apply to our clerk, Bob Pannell, Tel 775724, if you want to nibble at the bait.

Sunday Afternoon Long Green Indoor Bowls Group

Please join us for some fun and exercise playing Long Green Indoor Bowls on **Sunday afternoons 2:30 – 4:30pm** at Lynnsport. It costs just £3.60 for a two hour session.

NEW BOWLERS WELCOME, we have all the equipment. Any questions please call Valerie or Brian 01553 764897.

ITALIAN GARDEN AT MIDDLETON HALL

The photograph below is published courtesy of Lionel Jackson. Lionel had a keen interest in photography and believes that the photo was taken sometime in the 1950's or early 1960's. This was, of course, before the days of digital photography, but hopefully the photo still provides an indication of the former glory of the gardens at Middleton Hall.



TAKE A BREAK

Here's a quick Sudoku puzzle to do with your tea or coffee break. Each row and each column must contain the numbers 1 to 9 and so must each 3x3 box. Solution on Page 19.



			9		2			
	7	2				8	5	
				1				
1		5		9		3		6
8		7				4		5
	5	8				2	4	
			2		5			
	1		6		8		7	

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Stewart, 72, is running the London Marathon (again)

My name is Stewart South, from Blackborough End, and I ran my first marathon, all 26.2 miles of it, in London in 2002 when I was just a lad of 54 years of age. And the reason I ran it was



to raise money for research into kidney disease. I had already donated a kidney to our son Joel in 1999 and our other son Oliver had a kidney transplant in 2002, just a few weeks after I ran that first marathon.

Now, at the sprightly age of 72, I am running the London Marathon again, on 26th April for Kidney Research UK. We have been lucky over the years with the health of our two lads, both now in their 40s. But we are always anxious about their health and welfare and, indeed, the other 3 million people in the UK suffering with kidney disease.

There is still no cure for kidney disease and in the last year 5000 people were on the kidney transplant waiting list. Many people wait years for a kidney transplant and last year 260 people on the transplant list died waiting.

There is some encouraging news. Kidney Research UK is funding research into regenerative medicine which basically means that kidney patients could, hopefully, have their own cells used to repair their own damaged kidneys. I am hoping to raise as much money as possible in Marathon sponsorship to help Kidney Research UK continue with this exciting project. What a huge benefit it would be if patients could have their own diseased kidneys repaired, thus avoiding dialysis and waiting anxiously for a transplant.

Incidentally, have you ever wondered how far a 26.2 mile marathon really is? If you travelled from Blackborough End to Swaffham and then on to Dereham, you would still have 3 more miles to go! Yes, the London Marathon is a long way for an old un, but it will be worth it if I

can raise money to help change people's lives for the better. Your generosity will be so much appreciated. Please support me.

To sponsor me please call me on 01553 841267 or email stewart.ali@btinternet.com or contact me at Fornside, Setch Road, Blackborough End, King's Lynn, PE32 1SL. To make an online donation simply go to <http://uk.virginmoneygiving.com/StewartSouth> (or just google Virgin Money Giving and enter my name). Any cheques should be made out to **Kidney Research UK**.

Thank you

Stewart South

NORTH RUNCTON PARISH COUNCIL

New Year Talks at North Runcton VMP

We are organising some winter talks as part of the 'Wildlife in Common' project.

Thursday 20th February, 7:45pm Managing Norfolk's National Nature Reserves in the 21st Century

Tom Bolderstone – Senior Reserve Manager,
Natural England

Thursday 19th March, 7:45pm Conserving the Wash & North Norfolk Coast

Adele Powell – Wash and North Norfolk
Marine Partnership

Refreshments will be provided.
A collection will be taken to cover expenses

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NHS IN A NEW DECADE

By Dr Paul Williams
Chair, West Norfolk Clinical
Commissioning Group



The start of a new decade is a good time to take stock of where you are, what you have achieved and where you are going.

This year we are entering the third decade of this century; the NHS celebrated its 70th birthday in 2018 so the last 20 years represent only about 30% of its existence. In that time, however, it has experienced the most difficult sustained period of pressure since its inception. We must find the way to manage and meet this demand upon our services.

West Norfolk CCG came into existence during the past decade and will cease to exist as a stand-alone CCG in the next three months when it merges with the other CCGs in the area to form the new Norfolk and Waveney CCG. The idea behind CCGs is that by giving clinicians an influential seat at the commissioning table, the decisions made have a sounder basis medically, which in turn should deliver better outcomes for the patient. At a time where every penny spent has to be examined and justified, the luxury of having small administrative units to manage localities rather than large county areas which confer a saving by doing things at scale, has been difficult to support. There is no doubt money spent on administration will be less with the new merged CCG and it must be right that more of the NHS pound is spent on healthcare rather than administration.

The start of the new decade coincides with a new government. A government which has promised significant investment in the physical infrastructure of the NHS.

Last year our mental health trust was told it would receive £38m to build new wards in Norwich, which will serve people from West Norfolk too, and the Queen Elizabeth Hospital

was given the good news that it will share £70m with the Norfolk and Norwich and James Paget University Hospitals to build a suite of diagnostic centres. The Queen Elizabeth also received an extra £470,000 to help it expand services for local people plus further funding to open 30 more beds.

But we have so much more we wish to do. I make no secret of my desire for more funding for our NHS so we can improve our buildings further, build better IT systems for our hospital and our wider health and care system and improve outcomes for our patients.

I'm proud of my primary care colleagues for doing their bit. GP practices are working together in "Primary Care Networks" to innovate better ways of supporting their patients, and very soon community mental health and nursing/therapy teams will be aligned to work alongside them. More of our local GP practices are offering online consultations as well as phone and face to face contact, and we are starting to introduce a new support service to help patients at some practices in West Norfolk to order repeat prescriptions.

So while the last decade has been difficult there is promise for the future. The changes taking place in the NHS and social care promise benefits from integration of services, for the first time we are encouraging professionals from the different strands of health and social care to work together in a spirit of co-operation on the ground and forming system partnerships across the county as a whole to better plan how investment is made and services provided. I think the quality of the management team we have established in the last few months bodes well for the future running of services in West Norfolk and the new primary care networks and the local delivery group are thriving since their creation.

You can play your part in helping local services to be the best that they can be. You have a responsibility to use the services wisely. The range of services available to you is wide with advice via the telephone and online services through local pharmacies, GP services, ambulance services and A&E services. Use the most appropriate for the type of problem you have to ensure we all get prompt attention from the right professional at the right time.

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Food and Refreshment will be provided (Free)

Contacts for Registrations:

1. The Rev'd Riaz M (Mob. 07366 436 849); Email: rev.riaz.mubarak@gmail.com
2. The Rev'd Heather Berry (01553-764098); Email: heberry@talktalk.net
3. Nell Steele (Reader) (01553-840814); Email: nellsteele@btinternet.com
4. Amanda Hart (AWA) (01553- 841236); Email: ahart2400@hotmail.com

Benefice Liaison Meeting 12th March 2020 at 4:00 pm at Church Farm Middleton

In the Benefice Liaison, we discuss the important matters of our Parishes, as well as updates with reports by sharing news and Events of our four Parishes in the Benefice of Middlewinch.

THE BIG PLANT 2020

West Norfolk Trees of Hope is a **Churches Together in King's Lynn** initiative to encourage large-scale tree planting as a natural way to remove carbon from the atmosphere and reduce global warming.

In addition to making big cuts in our emissions we need to remove billions of tons of carbon from the atmosphere.

The good news is that trees offer a natural solution. Over its lifetime a tree can absorb nearly 500kg of carbon, so planting and preserving trees on a global scale can make a tremendous difference.

Our vision is an ongoing initiative of tree planting beginning on **Saturday 22nd February** with **The Big Plant**, a project to plant 500 trees at King's Reach, in partnership with the Borough Council.

Join us in planting at least one tree for each member of our churches – and, of course, the project is open to the wider community!

TO GET INVOLVED

Follow us on Facebook

@Westnorfolktreesofhope 'Like' the page and be kept up to speed on what's happening

Donate

£5 will fund 2 small trees ("whips") with guards

£10 = 4 whips

£50 = 20+ whips

Cheques to King's *Lynn Churches Together* marked 'Trees of Hope' on the back (given to your church leader) or donate online via Facebook.

Join us at The Big Plant! Planting "whips" is light work! Meet on **Anthony Nolan Road**, (just beyond Fairstead) PE30 4GD, between **9.30am and 3pm**. Bring a spade if you can and we'll provide the trees and the hot chocolate!

Email: treesofhope@gmail.com or telephone **Daphne 07914 454816** with any queries.

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& Bawsey
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We meet every 3rd Tuesday of the month from
2pm - 4pm at Leziate Village Hall and
welcome guests and new members.

At our meetings we have guest speakers who
inform and entertain us on a variety of
interesting topics. We also have social activities
such as games, quizzes, competitions and lunch
outings.

Having enjoyed an afternoon of ringing out
carols on hand-bells at our last Christmas party,
we invited Chris Dixon back again in December
to see if there was any improvement in our
repertoire. Thanks go to Chris for his guidance
in getting us all to ring out several recognisable
carols.

We then rewarded ourselves with mulled wine,
mince-pies and sausage rolls and all members
received a secret Santa gift. Birthday wishes
and a gift were given to Barbara and members' gifts went to Mary B. Valerie N. and Heather. Raffle prizes were won by Pauline, Valerie N. Wendy and Eileen. The competition for an item beginning with 'U' was won by Wendy's unicorn with Pauline coming second with a 'photo which included an umbrella.

Future meetings:

18 February: Little Lifts (Supporting women
undergoing chemotherapy treatment)

17 March: Kath Dentton - 'What you can do with
a nun's habit'

For further information or if you like to join our
friendly and informal group for future meetings
please phone Ali on 01553 841267.

HOW TO REPORT FLY TIPPING

The Borough Council is responsible for dealing with fly
tipping and have a new on-line reporting system. To
report an incident of fly tipping, please use the
following link:
<http://www.west-norfolk.gov.uk/default.aspx?page=21512>

NORTH RUNCTON ART GROUP



If you are looking for a relaxing and enjoyable
afternoon come and join our friendly and
sociable group. Our members are all of mixed
artistic abilities and creative in their own way
using a variety of mediums and always willing
to offer advice and help if needed.

Sounds like what you have been looking for?
So why not give us a try and have a free taster
session.

The Village Meeting Place
The Green, North Runcton Village, PE33 0RB
Wednesdays 1.30 – 4.30pm or
Thursdays 2.00 – 4.00pm
Membership £20 paid quarterly in advance
For more information please contact
Lyn (Organiser) 07872 464004 or
Janet 01553 841514.



Calling all dog lovers!

Could you please spare 1 hour a week to walk
an elderly person's dog?

The Cinnamon Trust urgently needs volunteer
dog walkers in this area and you can make
such a difference to the life of an elderly
person and their canine companion.

For more details about local people and their
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www.cinnamon.org.uk/volunteers

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Our **Tums to Tots** group meets in East Winch Village Hall as part of the National Childbirth Trust, **10am to noon every Friday.**

Open to all parents, parents-to-be, babies and toddlers. Call **07799 821491** for more information.

Community Car Scheme

The Community Car Scheme is to help villagers who have no transport, who are elderly or disabled to attend at local doctors' or dentists' surgeries, opticians, health clinics or to keep hospital appointments.

A small charge is made to cover petrol expenses. If you require help or further information, or if you wish to volunteer help in any way, please contact Colin Skipper on 842448.

KING'S LYNN WOODTURNERS CLUB

The club meets in Middleton Village Hall on the **second Wednesday of each month at 7:30pm**. The club welcomes new members and if you would like further information please call them on 01553 841294.

VIEW THE PARISH NEWS ON-LINE

View the Parish News in colour on line at the Middleton Parish Council web-site. Go to the "Community" section of the web-site and you'll find the Parish News page with information on publication deadlines and downloads.



Needleworkers Circle

Fancy joining a sewing/knitting/craft circle? We are a very friendly & sociable group who would love for you to join us.

Where: Leziate Village Hall

When: **Tuesday, 4 February**

10am - 1pm and then every fortnight until mid-July.

Cost: £2

Please bring your own refreshments. Kitchen facilities are available. Toilets & free car-park. For more information please contact Joyce 01553 673949 or Jan 01553 841514.

Middleton Badminton Club

Play badminton most Monday evenings (not Bank Holidays) at the Village Hall from 7pm to 9pm. The club is friendly and always welcomes new members.



Contact James Williamson (01485 600946) for more information.



MIDDLETON & DISTRICT ROYAL BRITISH LEGION

Our next social event is an Evening Buffet on **Wednesday, 19 February at 6.30pm** at the William Burt Social Club, Watering Lane, West Winch.

Everyone is welcome to join us. Please book early as places are limited. To book a place please contact Lilian Fisher on 01553 841852 or by email at lilianfisher@talktalk.net.

Lunch Club usually meets on the 2nd Monday of the month at Middleton Hall Golf Club at 12.00 for 12.30pm.

For further details contact Olive Turpin 840623.



MAGPIE CENTRE GALLOPS INTO THE NEW DECADE

The New Year started well for the Magpie Centre, home of West Norfolk Riding for the Disabled Association, with the arrival of a new pony, plus some generous grants, which will enable the Centre to expand its activities.

A grant of £4,233 from the Flux Family Fund through the Norfolk Community Foundation will be used to train two members of staff to deliver Equine Assisted Therapy (EAT) sessions, designed for people with mental health challenges. The EAT programme is scheduled to start in June 2020.

And to provide a secure workshop and storage facility for the Centre's maintenance equipment, the Making a Difference Community Dividend awarded the Centre £2,000.

The Magpie Coffee Morning week runs from Sunday February 9, through Saturday February 15, so there's still time to get organized and hold yours. If you need advice on how to host a coffee morning, or need posters/flyers printed, we can help. Just call the Centre on 01553 810202. For your information, the West Norfolk Riding for the Disabled Association Charity No is: 1143390. Company no: 765610.

We have various daytime slots available for riders during the week, especially on Mondays, so if you or anyone you know has a physical and/or learning disability and might like to take up riding, call 01553 8100202 and request a rider application form. When this is completed and returned, the participant will be invited to an assessment, which is free of charge, and if they then wish to book regular lessons, they will be slotted into a group (maximum 4 riders) of similar ability.



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or visit careline-cs.org.uk and careandrepair-wn.org



*According to figures from armedprevention.co.uk 1170-158-BW

Church Services in February & March

Sunday, 2 February

10.00am **W Winch** Benefice Eucharist

Sunday, 9 February

9.30am **W Winch** Holy Communion

10.00am **E Winch Village Hall** Morning Prayer

11.15am **Middleton** Holy Communion

3.00pm **N Runcton** Holy Communion

Sunday, 16 February

9.30am **W Winch** Holy Communion

11.15am **E Winch Village Hall** Holy Communion

11.15am **Middleton** Morning Prayer

3.00pm **N Runcton** Evening Prayer

Sunday, 23 February

8.00am **W Winch** Holy Communion

10.00am **W Winch** Morning Prayer

10.00am **E Winch** Morning Prayer

11.15am **Middleton** Morning Prayer

3.00pm **N Runcton** Evening Prayer

Wednesday, 26 February - Ash Wednesday

11.15am **Middleton** Ashes & Communion

Sunday, 1 March

10.00am **W Winch** Benefice Eucharist

Sunday, 8 March

9.30am **W Winch** Holy Communion

10.00am **E Winch** Morning Prayer

11.15am **Middleton** Holy Communion

3.00pm **N Runcton** Holy Communion

Sunday, 15 March

10.00am **N Runcton** Benefice Eucharist

Sunday, 22 March - Mothering Sunday

8.00am **W Winch** Holy Communion

10.00am **W Winch** Morning Praise

11.15am **E Winch** Holy Communion

11.15am **Middleton** Holy Communion

3.00pm **N Runcton** Evening Prayer

Sunday, 29 March

9.30am **W Winch** Holy Communion

10.00am **E Winch** Morning Prayer

11.15am **Middleton** Morning Prayer

3.00pm **N Runcton** Evening Prayer

Sunday, 5 April - Palm Sunday

10.00am **W Winch** Benefice Eucharist

Morning Worship is held each Wednesday morning at 9.30 am at Church Farm. All are welcome to join us to pray for the needs of the village and then enjoy a cup of coffee.

Mobile Library Timetable

The Mobile Library timetable for our area is once a month on **WEDNESDAYS** as follows:

19 FEBRUARY & 18 MARCH

North Runcton

The Green 10:05 - 10:20

Blackborough End

The Firs 10:30 - 10:45

Blackborough Green 10:50 - 11:00

Middleton

Oakdale/Village Hall 11:05 - 11:30

St Mary's Crescent 11:35 - 11:45

42 Hall Orchards 11:50 - 12:00

Fair Green

Park Hill Estate 12:05 - 12:20

Graham Drive 12:25 - 12:40

Paul Drive 12:45 - 13:00

East Winch

Gayton Rd - Opp Windyridge 15:15 - 15:25

Town Close 15:30 - 15:50

Village Sign 15:55 - 16:05

A THANK YOU

Thank you to Angie and Ray our hosts at The Gate Inn for the "Carols and Beer" evening on 13th December.

A great time was had by all. A very convivial evening plus raising funds for a good local cause. Great village pub very cosy, friendly with good beer.

Thanks.

Steve and Sue Foot

SUDOKU SOLUTION

(From Page 7)

4	8	3	7	5	1	6	9	2
5	6	1	9	8	2	7	3	4
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8	9	7	3	2	6	4	1	5
6	5	8	1	7	9	2	4	3
7	3	9	2	4	5	1	6	8
2	1	4	6	3	8	5	7	9

PARISH CONTACTS

CHURCHES:

Priest-in-Charge: Rev Riaz Mubarak 01553 841519 E-mail: rev.riaz.mubarak@gmail.com

Middleton St Mary's

Churchwarden: Vacant

PCC Secretary: Vacant **Treasurer:** Mrs Christine Minister 840559

North Runcton All Saints

Churchwarden: Mary Angelina 841519 and Mr K Matthews 842265

PCC Secretary: Mrs Ann Matthews 842265 **Treasurer:** Mrs Maggie Challis 842540

East Winch All Saints

Churchwardens: Mr S Dale 630167 and Mrs W Smith

PCC Secretary: Mrs J Weavers 840510 **Treasurer:** Mrs W Smith 842281

PARISH COUNCILS:

Middleton (www.middleton-news.co.uk)

Clerk: Elaine Oliver Tel: 630655 E-mail: middletonparishcouncil14@gmail.com

Councillors: **Chair:** Mick Porter 841427; **Vice Chair:** Val Ward;

Mrs M Applegate; Mrs E Barclay; Mr C Samuels; Mr R Smith; Mr J Tolley; Mr M Wiles;
Mr Z Wiles Van Dyke.

The Council meets on the first Wednesday of the month (except August) in the Village Hall at 7pm.

North Runcton (<http://northrunctonpc.norfolkparishes.gov.uk>)

Clerk: Rachel Curtis Tel: 673043 E-mail: northrunctonparishclerk@outlook.com

Councillors: **Chair:** Mr R Morrish Tel: 840284; **Vice Chair:** Miss K Fuller;

Mrs L Davies; Mr J Fuller; Mrs L Gunn; Mr B Houchen; Mr K Longhurst; Mr L Stevens; Mr P Yallop.
The Council meets on the second Tuesday of each month (except August) at 7.45 pm at the Village Meeting Place.

East Winch (www.eastwinchandwestbilney.co.uk/parish-council)

Clerk: Bob Pannell Tel: 775724 E-mail: bob.pannell1@btopenworld.com

Councillors: **Chair:** Mrs N Steele; **Deputy Chair:** Mr K Harrod;

Mr M Place; Mr N Velzeboer; Mr D Wright; Mr A Yarham

The Council meets every other month, normally on the first Monday of the month, at 7.30 pm in the Village Hall.

Borough Councillors: West Winch Ward: Simon Nash (01553 811200) & Peter Gidney (07885 258450). Gayton & Grimston Ward: Michael de Whalley (07770 273903) & Colin Manning (07885 258392)

Other Contacts:

Badminton Club	James Williamson	01485 600946
British Legion	Gerry Tann	01553 674953
Car Scheme	Colin Skipper	01553 842448
Carpet Bowls Club	Peter Wall	01553 840471
East Winch Village Hall	Amanda Hart	01553 841236
Lunch Club	Olive Turpin	01553 840623
Middleton Village Hall	Mrs P Petch	01553 842149
Mothers' Union	Gillian Boon	01553 840320
N Runcton Village Meeting Place	Rachel Curtis	01553 673043

Editor: Chris Hudson; E-mail: editorofparishnews@gmail.com or call 01553 849725.

Advertising Manager: David Gager; E-mail: parishnewsadverts@gmail.com or call 01553 278402.

Views expressed in the magazine are not necessarily those of the Editor. **The deadline for the next issue (April/May) is Friday, 13 March.**